EXHIBIT 7

1

UNITED STATES DISTRICT COURT STATE OF MINNESOTA

Case No. 18-cv-2301 (JRT/KMM)

David W. Lynas, as Trustee for the next-of-kin of James C. Lynas,

Plaintiff,

vs.

Linda S. Stang, et al.,

Defendants.

VIDEO DEPOSITION TRANSCRIPT OF MICHAEL T. ROBERTSON, PsyD, LP

June 20, 2019 11:00 a.m.

at the

Sherburne County Jail 13880 Business Center Drive Northwest Elk River, MN 55330

Court Reporter: Janet D. Winberg, RPR

Videographer: Envision Video

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1 2	APPEARANCES:	1	EXAMINATION
3	On Behalf of Plaintiff David W. Lynas: Robert Bennett, Attorney at Law	2	BY MR. BENNETT:
	Gaskins, Bennett & Birrell, L.L.P.	3	Q. Dr. Robertson, did you have any discussions with
4	333 South Seventh Street	4	anyone regarding James Lynas, before he
5	Suite 3000 Minneapolis, MN 55402	5	committed suicide at the Sherburne County Jail?
	rbennett@gaskinsbennett.com	6	A. I don't recall having one specifically. And
6 7	On Behalf of the Sherburne County Defendants:	7	oftentimes, I think we'll review patients
8	Jason M. Hiveley, Attorney at Law	8	without a name, so
	Iverson Reuvers Condon	9	Q. Well, do do you remember talking to anyone
9	9321 Ensign Avenue South Bloomington, MN 55438	10	about patient number what is it 12010?
10	jasonh@irc-law.com	11	A. And not with a number, either; but with data and
11	O D L K (II ME DD (L)	12	history, typically it would be a consult.
12	On Behalf of the MEnD Defendants:	13	Q. I mean, that was the number you referred to him
	Carolin J. Nearing, Attorney at Law	14	on in your email in Exhibit 13.
13	Larson King, LLP	15	I'm showing you Exhibit 13, and I direct
14	30 East Seventh Street Suite 2800	16	your attention to a December 10, 2018 email, so
	St. Paul, MN 55101	17	about about 13 months after Mr. Lynas
15 16	cnearing@larsonking.com	18	committed the act that eventuated into his
16 17		19	
18		20	suicide at the Sherburne County Jail; is that
19 20		20	correct?
21			A. Wait. I'm sorry, I was reading. I wasn't
22		22	really paying
23	NOTE: Original transcript will be delivered to the	23	Q. Okay.
24	noticing party, Gaskins, Bennett & Birrell, L.L.P.	24	A attention.
25	NOTE: Exhibits referenced, not marked.	25	Q. Well, you you wrote that in you wrote that
	3		5
1	PROCEEDINGS	1	in in on December 10 it was
2		2	December 10, 2018; right?
3	VIDEOGRAPHER: This is the video	3	A. Correct.
4	deposition of Dr. Michael Robertson.	4	Q. At 4:57 p.m.?
5	Today's date is June 20, 2019. The time is	5	A. Correct.
6	approximately 11:00 a.m.	6	Q. Are you aware that Mr. Lynas committed suicide
7	Would each attorney please state their name	7	more than a year earlier?
8	for the record.	8	A. Yes, I wouldn't have known his name, or the case
9	MR. BENNETT: Robert Bennett, appearing	9	in particular didn't it wasn't one that
10	on behalf of the Plaintiff.	10	registered for me at that time.
11		11	
12	MS. NEARING: Carrie Nearing, appearing	12	Q. Well, it registered um, read your
	on behalf of the MEnD Defendants.	13	A. In regards to who that was in particular, or
13	MR. HIVELEY: Jason Hiveley, for the	14	I would have had to look those pieces up.
14	Sherburne County Defendants.		Q. Did you?
15	VIDEOGRAPHER: Thank you.	15	A. I think I did.
16	Would the court reporter please administer	16	Q. And you looked you say, "Regarding dates of
17	the oath.	17	11/5/17"; right? That's the beginning text of
18	* * *	18	your email?
19	(Witness sworn.)	19	A. (Nodding head.)
	MICHAEL T. ROBERTSON, PsyD, LP,	20	Q. And as to patient 12010?
20		21	A. Yes.
21	called as a witness, being first duly sworn,		
21 22	was examined and testified as follows:	22	Q. Can you read the next sentence in parens?
21 22 23		23	A. (As read), "It was not a case I was ever
21 22	was examined and testified as follows:		

		0/20/	2010		
		6			8
1		BDI and risk factors" dash "when nursing met	1		unquote, used because it is confusing for cases
2		with him about this and consulted with medical	2		which are not suicidal." In parenthesis, I
3		provider."	3		wrote, "actually, we previously had this
4		And who was the medical provider?	4		discussion," unparenthesis, "and we were
5	A.	At the time, I'm not certain. Um, it might have	5		informed to call the watch as 'mental health
6		just listed "and consulted with medical	6	_	watches."
7		provider" in the note.	7	Q.	Can you stop there for a second? And I'll go
8		And "medical provider" was not you?	8		on, but what did you mean by, "for cases which
9		No.	9		are not suicidal"? Is that in which an actual
10	Q.	It was someone with within the medical field	10		suicide has occurred, or suicide attempt has
11	_	as opposed to the psychological	11	_	occurred?
12		Right. Typically	12	A.	Um, you know, I don't know if that's there's
13		Can we do	13		so many groups of behavior that are
14		Yeah.	14		self-injurious without being suicidal, or people
15	Q.	do this? We need to speak one at time.	15		having ideation without suicidal or significant
16	_	It just	16		suicidal things, so it was more about trying to
17		Sorry.	17		clarify it's hard to I don't want to
18	Q.	works better for the court reporter, and	18		define that I think the issue it becomes
19		actually works better for the video	19		related to not confusing people. There are many
20		. 1	20		individuals there with psychotic symptoms, with
21		too.	21		other symptoms that aren't suicidal, that need
22		didn't know you weren't done, sorry.	22	_	to be on watches.
23	Q.	So the medical provider is someone with a	23 24	Q.	So a Mental Health Watch-15, is that MHW-15
24 25		medical degree of some type; correct?	25		that you refer to the paragraph above, was the
23	A.	Correct.	25		highest mental the highest mental health
		7			9
1	Q.	And you were not the medical provider at the	1		observation status that was used without using
2		Sherburne County Jail?	2		full suicide precautions?
3		Correct.	3	A.	I don't understand your question, or how to
4	Q.	You were what was your title at the	4		break it apart.
5	A.	Mental Health Professional.	5	Q.	Well, what was what was beyond you
6	Q.	Okay. All right. And Mental Health Watch-15,	6		understand that the rules require well-being
7		you go on to explain what that means at the	7		checks at 30 minutes regularly for everybody
8		Sherburne County Jail at that time; is that	8	A.	Correct.
9		correct?	9	Q.	
10		Yes.	10		the checks by you essentially doubled them;
11	Q.	Do you remember having the discussion with Brian	11		right?
12		Frank, and why he wanted this information?	12	_	Sure.
13	A.	Um, it wasn't it wasn't clear precisely what	13	Q.	
14		he was looking for, but since there was an	14	_	County
15		inquiry about a case that seemed that there were	15		So
16		legal issues around, I just forwarded that to	16	Q.	,
17	_	administration.	17	A .	
18	Q.	And the next paragraph, can you read that into	18	Q.	What status is above that, other than suicide
19 20		the record, please.	19 20		precautions suicide precautions?
20	A.	Sure. (As read), "Brian wanted clarification	20	A.	Well, 15-minute mental health watch checks, and
22		about the difference between a 'mental health	22		then the in addition, you had those other
23		watch' and 'suicide watch,' and I described it's	23	\circ	Okay Put the montal health watch is to alort
23		been my understanding that since before I	24	Q.	Okay. But the mental health watch is to alert
4		arrived here, the jail administration was not	24		corrections facility corrections people that
25		has not wanted the term, quote, 'suicide watch,'	25		this person has mental health risks associated

	10	12
1 2 3 4 5 6 7 8 9 10 11 12 13	with his being there? A. Yes. That's what it's intended for. Q. And the decision not to use suicide watch, when it might ordinarily be used, was Sherburne County's? MS. NEARING: Objection. Foundation. BY MR. BENNETT: Q. Go ahead. A. Oh. That was my understanding. Q. And that's what you put in plain English, in this email; correct? A. Yes. Q. And A. And I think	1 continuum of where the person is heading is 2 always that case, but where it was on a 3 continuum to a suicidal status, but certainly 4 that's one of the avenues that can happen. 5 MR. BENNETT: Okay. 6 BY MR. BENNETT: 7 Q. And then read the next sentence, the next the 8 next paragraph, starting with, "We briefly." 9 A. (As read), "We briefly discussed that many of 10 the mental health watches we place inmates on 11 are proactive and not after or subsequent to a 12 suicide gesture or suicide statement. And many 13 of the mental health watches we start are 14 related to poorly regulated coping and
15 16 17 18 19 20 21 22 23 24 25	 Q. Go ahead, finish your answer. A. I think part of those discussions that were had prior to this email, included the benefit of having it identified as "suicide watch" versus the general term, and I think that those all those things were talked about. Q. Well, "Mental Health Watch-15" is not a general term, is it? A. Ah, no. Q. It's a specific term? A. Sure. 	vulnerability to act out, or to be taken care of. This info seemed to suffice, but I thought I would relay the information that the call [and] the call, as I suspect both questions are related to legal issues." That's a poor sentence. And what does the "PS" say? A. (As read), "PS. I viewed this as simply confirming fact data about known information and dates, which would have been shared in the placing him on mental health watch. Nothing new
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	 Q. With specific requirements? A. Yes. Q. And it's added watches, to ensure the person's physical and mental well-being? A. But it's more general than suicide. Q. Correct. And if I understood what you were saying, you know, a person might have suicide ideations, but he didn't do anything actually suicidal. He might say he had a plan, and didn't do anything to effectuate the plan. He might do something, you know, be self-injury, like a head banger, and you wouldn't put him on suicide watch because that would be confusing. Is that what that means? A. We would term it, "no health watch." We'd still put them on the same standard follow-up, it would just have a different term. Q. Okay. And it would be true, though, that a head banger, or someone with suicidal ideations, or someone who said he had a plan, would be on increasing levels of conduct towards a suicidal status? MS. NEARING: Objection. Foundation. 	or different was shared, but upon reflection, it seems important to know. O. Would you agree that opiate withdrawal symptoms are an obvious and serious medical need? A. Yes. O. Would you agree that severe depression generally constitutes a serious medical need? A. If it's yes, severe depression. O. Okay. Now, you're aware were you aware that James Lynas' Beck Depression Inventory score was 43? A. Upon review of it, yes, and probably at the time. O. Let me ask you, Doctor. In you've done a lot of correctional work A. Yes. O right? In your correctional work, how many individuals do you recall having a a BDI score of 43 or higher? A. Many. Um, and I I don't know how to throw a number on that, but O. How many at the Sherburne County Jail? A. Um, many. Many would reach that high.
24 25	And incomplete hypothetical. THE WITNESS: I don't know if the	24 Q. Do you do you believe that that is 25 A. I'm sure it's over a hundred. Over, you know, I

		14			16
1		don't know how many, though.	1	Δ	Um, my understanding, what I reviewed was with
2	Ο	Do you believe that that view is consistent with	2		staff at that time, who had done a consult, and
3		the statistics reported for Beck Depression	3		possibly with me.
4		Inventory scores in correctional facilities?	4	Ο.	And you don't specifically recall that, though,
5	Α.	I don't know I don't understand the question.	5		do you?
6		Do you do you believe that that what your	6	A.	No.
7		opinion or what you recall, or say you	7	Q.	
8		recall, is about Beck Inventory scores, is	8	A.	I presume it was with me, because I was working
9		is a is substantiated in the literature?	9		that day
10	A.	I think all those tools need to be applied to a	10	Q.	And what day was that?
11		certain certain circumstance that they're	11		to my understanding.
12		being used at the time with the individual. Um,	12	Q.	The 5th of November?
13		and so the information that it gives you is a	13	A.	Um
14		tool that provides some some information.	14	Q.	Is it referred to in that
15		There's a lot of face validity to it, so that	15	A.	Yeah, I presume that I was working that day.
16	Q.	Well, the Beck Depression Inventory has been	16		And I don't even know what day of the week it
17		used since about the mid-'90s '96; correct?	17		is. During that time period, I know I was
18		I suspect you're correct.	18		working
19	Q.	And the psychometric testing is rated for both	19	Q.	Let's look at Exhibit 14. I think we're done
20		sensitivity and specificity; correct?	20		with 13.
21		At times, yes.	21		Okay.
22	Q.	And the Beck Depression Inventory II has has	22	Q.	Take a minute to review that, and let me know
23		a high sensitivity and specificity rating; is	23		when you're ready to be asked questions about
24	_	that true?	24	_	it.
25	A.	In the general population, yes. Yes.	25	A.	(Reviewing exhibit.) Oh. Was there more
					47
	_	15			17
1		. Well	1	_	attached to this?
2		And probably in many populations, yes.	2		Not as far as we can tell.
3 4	Q	. Okay. And it's one that's actually	3 4	A.	Okay. It looks like there's a staple, and it
5		cross-cultural? I mean, they use the Beck	5	0	says, "See eMDs note attached."
6		Depression Inventory test in Korea and China,	6	Q.	. Well, this is the document in the form in which
7	Λ	for example; are you aware of that? No, but I wouldn't doubt that.	7		we received it in discovery. MR. BENNETT: Do you know if there was
8		. Are you aware that the literature suggests, that	8		other pages to this, Carrie?
9	Q	in Korea and China it's just as sensitive and	9		MS. NEARING: Everything that's
10		specific as in the United States?	10		
11					contained in the medical record is what what
1 1 1	Δ		11		contained in the medical record is what what exists. There's nothing supplemental to that
12		No.	11		exists. There's nothing supplemental to that.
	A . Q	. No. . How do you typically what is your typical			exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too,
12		No. How do you typically what is your typical practice in charting? If you get a document	11 12		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I
12 13		 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, 	11 12 13		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the
12 13 14	Q	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? 	11 12 13 14		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I
12 13 14 15	Q	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, 	11 12 13 14 15 16 17		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well.
12 13 14 15 16	Q. A .	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer 	11 12 13 14 15 16		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify.
12 13 14 15 16 17	Q. A .	No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my	11 12 13 14 15 16 17 18 19		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying,
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12 13 14 15 16 17 18 19 20 21	Q. A. Q. A.	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my And the computer would say that, "This was noted or reviewed on such and such a date"? Typically, yes. Okay. Did have you looked to see if you 	11 12 13 14 15 16 17 18 19 20 21		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify. MR. BENNETT: Okay. MS. NEARING: I believe Ms. Pfeifer had testified that she gives this, along with the
12 13 14 15 16 17 18 19 20 21 22	Q. A. Q. A.	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my And the computer would say that, "This was noted or reviewed on such and such a date"? Typically, yes. Okay. Did have you looked to see if you noted when you reviewed anything with regard to 	11 12 13 14 15 16 17 18 19 20 21 22		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify. MR. BENNETT: Okay. MS. NEARING: I believe Ms. Pfeifer had testified that she gives this, along with the and it's in her notes, actually. And we can go
12 13 14 15 16 17 18 19 20 21 22 23	Q. A. Q. A.	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my And the computer would say that, "This was noted or reviewed on such and such a date"? Typically, yes. Okay. Did have you looked to see if you noted when you reviewed anything with regard to James Lynas, Patient 12010? 	11 12 13 14 15 16 17 18 19 20 21 22 23		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify. MR. BENNETT: Okay. MS. NEARING: I believe Ms. Pfeifer had testified that she gives this, along with the and it's in her notes, actually. And we can go off the record, and I'll show you if you want.
12 13 14 15 16 17 18 19 20 21 22 23 24	Q	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my And the computer would say that, "This was noted or reviewed on such and such a date"? Typically, yes. Okay. Did have you looked to see if you noted when you reviewed anything with regard to James Lynas, Patient 12010? No, unless it was at this date of this email. 	11 12 13 14 15 16 17 18 19 20 21 22 23 24		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify. MR. BENNETT: Okay. MS. NEARING: I believe Ms. Pfeifer had testified that she gives this, along with the and it's in her notes, actually. And we can go off the record, and I'll show you if you want. MR. BENNETT: Okay.
12 13 14 15 16 17 18 19 20 21 22 23	Q A. Q	 No. How do you typically what is your typical practice in charting? If you get a document that is for an individual detainee or inmate, how will we know when you reviewed it? Typically, a handwritten note and a computer note would be my And the computer would say that, "This was noted or reviewed on such and such a date"? Typically, yes. Okay. Did have you looked to see if you noted when you reviewed anything with regard to James Lynas, Patient 12010? No, unless it was at this date of this email. 	11 12 13 14 15 16 17 18 19 20 21 22 23		exists. There's nothing supplemental to that. MR. BENNETT: There's an eMD record too, and I MS. NEARING: Right. That's part of the record that was provided as well. MR. BENNETT: That MS. NEARING: At the risk of testifying, but just to clarify I want to clarify. MR. BENNETT: Okay. MS. NEARING: I believe Ms. Pfeifer had testified that she gives this, along with the and it's in her notes, actually. And we can go off the record, and I'll show you if you want.

	18		20
1	MR. BENNETT: We can go off the record.	1	Anoka inmate. Today's visit is a chemical
2	VIDEOGRAPHER: Off the video record at	2	withdrawal assessment. His primary language is
3	11:20 a.m.	3	English. He's completely fluent in English.
4	(Discussion held off the record.)	4	"The patient returned BDI with a score of 43
5	VIDEOGRAPHER: This is File 2. We're on	5	and No. 9 scored as 1.
6	the record at 11:30 a.m.	6	"Writer reviewed patient's health assessment
7	BY MR. BENNETT:	7	visit, previous suicide risk assessment, and
8	Q. Showing you Exhibit 14 again, does your	8	BDI, with FNP CW, who asked for writer to meet
9	handwriting appear there?	9	with patient and get more information.
10	A. Yes.	10	"The patient was seen in clinic."
11	Q. And can you read it for me, please.	11	Do you want me to go on?
12	A. (As read), "Scheduled with mental health	12	Q. Yeah.
13	11/16/2017," and then I circled my initials.	13	A. (As read), "Patient denies suicidal thoughts,
14	Q. And there's nothing in that note, that lets us	14	and when writer asked if he had the opportunity
15	know when you did that, is there?	15	available to kill himself, would he do it, the
16	A. When I scheduled it?	16	patient responded stated no, 'I couldn't do
17	Q. Yeah.	17	that to my daughter.' The patient denies
18	A. Ah, nothing that would indicate that except for	18	history of attempts or plans of suicide, but
19	routine of how it's done.	19	reports in 2013, when he got his felony, he felt
20	Q. Well	20	like giving up, and he sold all his" excuse
21	A. Right.	21	me, "all his guns so he wouldn't shoot himself.
22	Q it didn't it didn't you didn't	22	He reports he was having a rough time on the
23	A. Correct.	23	outside. About 1.5 months ago stated getting
24	Q. There's no	24	his life back together, but still continued to
25	A. No.	25	use opiates. Reports now being in jail is the
	10		24
	19		21
1	Q. There's no writing that says, "Reviewed November	1	first time in 1.5 years he's been sober, and is
2	5th"?	2	having to deal with his mental health. When
3	A. Correct.	3	asked how he's currently coping with it, the
4	Q. "November 6th"?	4	patient stated, 'Honestly, I'm suffering, and
5	A. Correct.	5	not coping with it.' The patient reports he
6	Q. "Seventh"?	6	went to court on Tuesday and got four months,
7	A. Correct.	7	but possibility of going to workhouse after 30
8	Q. "Eighth"? "Ninth"?	8	days, but thinks it's in his best interest to do
9	A. Correct. Correct.	9	the four months and then go to treatment that
10	Q. Okay. And if you look at Exhibit 15, that's the	10	does dual diagnosis to get help with drug use
11	"Special Precautions/Management." Does your	11	and mental health, like at Nystrom or Recovery
	1 1 111	4.	
12	handwriting appear on that?	12	Plus. Report the last time he went to treatment
12 13	A. No.	13	Plus. Report the last time he went to treatment his mental health was not addressed, and he
12 13 14	A. No.Q. Exhibit 16, that's the that also has a staple	13 14	Plus. Report the last time he went to treatment his mental health was not addressed, and he thinks he was he thinks that was part of the
12 13 14 15	A. No.Q. Exhibit 16, that's the that also has a staple mark and an actual staple, but that's the can	13 14 15	Plus. Report the last time he went to treatment his mental health was not addressed, and he thinks he was he thinks that was part of the issue of returning to drugs. The patient
12 13 14 15 16	 A. No. Q. Exhibit 16, that's the that also has a staple mark and an actual staple, but that's the can you read that? That is the note from Pfeifer; 	13 14 15 16	Plus. Report the last time he went to treatment his mental health was not addressed, and he thinks he was he thinks that was part of the issue of returning to drugs. The patient reports definitely feeling depressed and 'my
12 13 14 15 16	 A. No. Q. Exhibit 16, that's the that also has a staple mark and an actual staple, but that's the can you read that? That is the note from Pfeifer; correct? 	13 14 15 16 17	Plus. Report the last time he went to treatment his mental health was not addressed, and he thinks he was he thinks that was part of the issue of returning to drugs. The patient reports definitely feeling depressed and 'my anxiety is through the roof.' Reports feeling
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	22	24
1	reports having current goal of getting life back	A I think that's why she met with him.
2	together, and future goals of going to treatment	2 O. Well
3	and putting his life back together for his	3 A. Or part of
4	daughter so she doesn't have to go through the	4 Q there's
5	same thing he did. The patient reports if he	5 A why she
6	did have suicidal thoughts, he would tell the CO	6 Q nothing about her note that would dissuade
7	or the clinic."	you from the fact that he had a belief that
8	Q. Is that what you were referring to, by "other	8 he had severe depression, is there?
9	risk factors" in your email?	9 A. Um, there's multiple things that were going on,
10	A. The one to Brian Frank?	it looks like. It looks like he was going
11	Q. Yes.	,
12	A. I'm not sure. That was, like, a year after	in ough withdrawar and alone 33. He had just
13	this, um, but	Come into the jun. Citi, whether he was going
14	Q. Do you remember when you said was BDI, high	an ough severe depression, or whether he miled
15	B	that bbi out times of four days carrier, when he
16	A. Oh, and other risk factors?	was feeling like he wasn't getting things, and
17	O. Yeah.	was withdrawing, and trying to make a plea for
18	A. Um, probably, I guess, yeah, but I	help to get more services by magnifying symptoms
19	Q. Yeah, you said (as read), "Placed on MHW-15 due	or what was happening, is sometimes part of
20	to high BDI and risk factors"; correct?	you know, I can't necessarily say just one tool
21	A. (Nodding head.)	20 indicates this for a guy.
22	Q. A score of 43 on the BDI indicates severe	21 Q. Well, I know. And
23	depression, doesn't it?	22 A. Okay.
24	A. You can't base it indicates the possibility	23 Q what I'm what I'm telling you, is one
25	of that, yes. I mean, you can't take that score	is one tool is that the Beck Depression
	or that, yes. Thoun, you out take that soore	25 Inventory; correct?
	23	25
1		
2	simply as meaning that automatically. Q. Well, that's	71. 04.0.
3	·	2 Q. Another tool is you read this chart note and there's an interview of the of the
4	A. But that's certainly what it can indicate.	
5	Q. If you that's what the BDI that is it Aaron Beck that did the BDI?	7 0011001.
6	A. Yeah.	2. Or the patient, derived:
7		
8	Q. And he's like the king of cognitive therapy;	Q. 7410
9	right?	got plans, formar a timinarily, you farour from
10	A. Well, I don't know I don't know how to	taiking cooperatively and openly with stail.
11	describe that. He's very well known in that	10 Q. The plan the interview note is not inconsistent from a psychological perspective
12	area, yeah.	indensistent nem a psychological perspective
13	Q. And the BDI scoring system that they put out,	That so to a depression, is it.
14	has 29 to 63 indicates severe depression;	The first inconsistent
15	correct? If you look at Exhibit 10?	
16	A. According to yeah. And uh-huh. Q. Do you keep that scoring scale in the is it	
17	Q. Do you keep that scoring scale in the is it kept in the Sherburne County Clinic?	2. Idet, it is definition, isn't it.
18	A. The scoring scale?	The fit of definitioning yours
19	Q. Yeah.	18
20	A. I think they use a threshold, you need above a	20 Q. But your your note doesn't appear on your
21	certain number. It's a good general indicator	21 handwriting does not appear on Exhibit 16, does
22	that somebody is struggling; whether it actually	21 Handwriting does not appear on Exhibit To, does 22 it?
23	defines that or not, it needs to be further	23 A. No.
24	explored, what's going on	24 Q. Does it appear on Exhibit 22, the any of the
25	Q. Uh-huh.	25 flow charts?
		I IOW GIULG:

	0,20,	2010		
	26			28
1	A. No.	1	Α.	No.
2	Q. And that's the chemical withdrawal notes;	2		Did you understand the mental health referral to
3	correct, Exhibit 22? Does it appear on that?	3		be urgent?
4	A. No.	4	Α	No.
5	Q. How about the chemical withdrawal questionnaire?	5		Did did you ever talk to CW, Crystal
6	Does it appear on that, Exhibit 23?	6	۷.	Waagmeester?
7	A. No.	7	Δ	No, I don't know who she is.
8	Q. Exhibit 24, the chemical another chemical	8		That was the person who actually made the
9	withdrawal questionnaire?	9	Q.	referral.
10	A. No.	10	Δ	I understand that.
11	Q. Exhibit 25, the another chemical withdrawal	11		And what does it say she is?
12	flow sheet?	12		Um, a a nurse practitioner. So advanced
13	A. No.	13	Λ.	practice nurse.
14	Q. Anywhere on eMDs? Is there any notation in eMDs	14	Ο	And in fact, do you know that she is not a
15	that you that denotes when you saw him?	15	Q.	practice nurse, that she's a PA, physician's
16	Exhibit 26, that is?	16		assistant?
17	A. No.	17	۸	No, I don't. I've never met her, I don't know
18	Q. You've reviewed that prior to today, haven't	18	Λ.	who she is.
19	you?	19	\circ	Okay. And you don't know whether she considered
20	A. That specific note?	20	Q.	her mental health referral urgent or not?
21	Q. The eMD notes? Well	21	Λ	•
22		22		Um, no.
23	Maybe at the time with Brian Frank, and I've probably seen a couple notes, but I don't know	23		You made a decision that it wasn't urgent? I made? Um, I don't know. I don't remember. I
24		24	A.	•
25	if I've seen all of this.	25		don't recall this, but I can tell you what I
23	Q. But is there any computer record	25		typically do with with this. Obviously, I
	27			29
1	A. I don't think so	1		signed it and scheduled him.
2	Q of when you	2	Q.	Yeah. And we know, on some particular time you
3	A no.	3		scheduled him for an actual clinical visit with
4	Q of when you reviewed and made the decision to	4		you; right?
5	have him be seen on the 16th	5	A.	Correct.
6	A. No.	6	Q.	And that the date of that was scheduled for
7	Q is there?	7		November 16th?
8	A. No.	8	A.	Right.
9	Q. So you didn't make an eMD note of that?	9	Q.	Which was about a week after he hung himself;
10	A. No	10		right?
11	Q. Okay.	11	A.	Um, this was written on the 5th, so that was
12	A probably not.	12		ten, 11 days after that; right? So I'm not
13	Q. Exhibit 17 is the "Health Assessment," that is	13		sure is the date that he hung himself on the
14	your is that 17? Nineteen, excuse me. Is	14		7th? Um, is that what you're saying, or
15	there any handwriting of yours on that?	15	Q.	Did you review his full chart, the eMD charts?
16	A. I'm sure there's not.	16	A.	Well, on I don't know. And I don't know
17	Q. How about any of the suicide risk screening	17		which date you're referring to. I think at the
18	forms?	18		time, probably not. I would have gone through a
	A. No.	19		consult, um, and scheduled him based on that.
19	A. INU.	1		A year later, when that other email from
	Q. And how about the Beck Depression Inventory	20		A year later, when that other email from
19		20 21		Brian Frank occurred, I might have looked
19 20	Q. And how about the Beck Depression Inventory	l .		
19 20 21	Q. And how about the Beck Depression Inventory itself? Any notation that you reviewed that?A. No.	21	Q.	Brian Frank occurred, I might have looked
19 20 21 22	 Q. And how about the Beck Depression Inventory itself? Any notation that you reviewed that? A. No. Q. And no and nothing on there that indicates 	21 22	Q.	Brian Frank occurred, I might have looked through it, or skimmed through it.
19 20 21 22 23	Q. And how about the Beck Depression Inventory itself? Any notation that you reviewed that?A. No.	21 22 23		Brian Frank occurred, I might have looked through it, or skimmed through it. What does Alyssa Pfeifer's note of 11/9/17 tell

	30			32
1	Q. You can just read that and tell me	1	0.	Do you remember who it was at Sherburne County
2	A. Oh.	2	_	who directed you and other staff not to use
3	Q if it alerts you to the fact that he's hung	3		"suicide watch" as a terminology in the
4	himself by	4		Sherburne County Jail instead of "mental health
5	A. Out loud?	5		watch"?
6	Q. No, you can just do it	6	A.	Um
7	A. Okay.	7	Q.	And instead to use "mental health watch"?
8	Q whatever you read it sufficiently, to make	8		Excuse me.
9	that determination.	9	A.	Yeah, I don't know you know, I think I
10	A. (Reviewing exhibit.) Okay, I'm sorry. Now,	10		suspect that came from Linda Pantzke and/or the
11	what's the question?	11		the jail's administrative team.
12	Q. Does it look like he hung himself on	12	Q.	And who would that be at that time?
13	November 9th?	13	A.	It would probably be Pat Carr, Brian Frank, Dave
14	A. Yes.	14		Isais.
15	 Q. And that would be a week before his scheduled 	15		Ultimately approved by the sheriff?
16	visit with you?	16	A.	Um, yeah, I presume. I I don't know. That
17	A. Yes.	17		was a discussion that was had and
18	Q. And to the best of your knowledge, and and	18		Who was present at the discussion?
19	after reviewing the file, is it true that no	19	A.	I know that it existed before I came, but we
20	no antidepressant medication was ever provided	20		also had the discussion while I was there at one
21	to James Lynas during his November 2017 stay in	21		point.
22	the jail?	22		Well, who
23	A. No antidepressant. He was getting an	23		l'm
24	antianxiety med.	24	Q.	Obviously you don't know who did it before or
25	Q. Is it true that no psychotherapy or	25		maybe you know, but who did it while you were
	31			33
1	psychological counseling was provided to James	1		there?
2		1		I think it was there were a number of people.
		2	A.	I HIHIK IL WAS LITELE WELE A HUHIDEL DI DEUDIE.
3	Lynas during the November 2017 stay at the jail?	3	A.	
	Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out.		A.	Brian Frank. Probably Chris Hansen. Possibly
3	Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out. Q. Is it true that no DSM-V multiaxial diagnosis or	3		
3 4	 Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out. Q. Is it true that no DSM-V multiaxial diagnosis or assessment for James Lynas was made during his 	3 4	Q.	Brian Frank. Probably Chris Hansen. Possibly Heather Pickett. Pat may have been involved. Pat Carr?
3 4 5	Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out. Q. Is it true that no DSM-V multiaxial diagnosis or	3 4 5	Q.	Brian Frank. Probably Chris Hansen. Possibly Heather Pickett. Pat may have been involved. Pat Carr? Yeah. But he might not have been in that
3 4 5 6	 Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out. Q. Is it true that no DSM-V multiaxial diagnosis or assessment for James Lynas was made during his November 2017 stay at the jail? A. Correct. True. 	3 4 5 6	Q. A .	Brian Frank. Probably Chris Hansen. Possibly Heather Pickett. Pat may have been involved. Pat Carr? Yeah. But he might not have been in that meeting.
3 4 5 6 7	 Lynas during the November 2017 stay at the jail? A. Correct. He had started a packet, to fill out. Q. Is it true that no DSM-V multiaxial diagnosis or assessment for James Lynas was made during his November 2017 stay at the jail? 	3 4 5 6 7	Q. A .	Brian Frank. Probably Chris Hansen. Possibly Heather Pickett. Pat may have been involved. Pat Carr? Yeah. But he might not have been in that
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		34			36
1	A.	Yeah, I was typically there by 7:00, 7:30, often	1		know, if a person in your prior answer, you
2		out by 4:00 or 5:00, so	2		know, personality disorders
3	Q.	How many days a week in November of 2017?	3	A.	Sure. Sure.
4		I I'd have to look, but I assume five days a	4		a number of different things that I would
5		week, Monday through Friday.	5		expect you to know, obviously. And you'd expect
6	Q.		6		you to know those things; correct?
7		2017 that had a BDI score of 43 or higher?	7	A.	And I and I definitely use that language to
8	A.	Except for	8		describe the other issues, that they're placed
9	Q.	Other than Mr. Lynas?	9		on these watches to kind of
10	A.	Yeah, I I presume, but I don't know.	10	Q.	Sure. But that those are decisions, like
11	Q.	Okay. What did you mean by, "mental health	11		whether a person has an actual personality
12		watches are proactive"?	12		disorder, that are made by
13	A.	Some patients, um, they're going through a	13	A.	To put to put that eventually
14		number of symptoms. They don't believe they	14	Q.	
15		have serious symptoms, and they actually do.	15	A.	
16		And sometimes they have a lack of insight,	16	Q.	
17		sometimes they're out of touch with, kind of,	17		professionals, such as yourself, and others?
18		social interactions and might provoke others	18		When they're made, yes.
19		without realizing it. Maybe they have	19	Q.	Yeah. How many people would you see in clinic
20		personality disorders that are likely to insight	20	_	from 7:00 to 4:30, five days a week?
21		some retaliatory or other kinds of things. So	21	A.	Um, it would depend on a lot of factors, but
22		some of that is designed to would be designed	22	_	maybe eight to 12 people per day, maybe.
23		to alert staff, to be, kind of, mindful of this	23	Q.	So you're talking between 40 and 60 people a
24		guy or gal, and and be proactive; and if	24		week?
25		something comes up, we'd like to be involved	25	A.	Um, possibly.
W		35			37
1		quicker, if need be.	1	Q.	Well
2	Q.	A lot of those things, like whether a person is	2	A.	I
3		really a suicide risk, is something that should	3	Q.	I just did the math.
4		be decided by a qualified mental health	4	A.	Yeah. I mean, there's another mental health
5		provider, don't you think?	5		person that comes once a week versus, I think,
6	A.	No. Because you would miss thousands of people	6		more recently twice a week, but I don't know if
7		if you were looking at trying to I mean, if	7		that was during that time frame.
8		people are at a risk, and they kind of	8	Q.	Do you remember anybody else being a mental
9		there's this I think the nurses there are	9		health professional at that time at the
10		trained pretty well to identify a number of risk	10		Sherburne County Jail, November of 2017?
11		factors to enable that first hurdle. It would	11		Yeah, I don't, no.
12		be, like, I don't know every case going straight	12	Q.	, ,
13		to the supreme court. We have to screen and	13	A.	Yeah. There might have been I don't know. I
14		base it on, you know, what fits, because and	14 15		don't think so. I think, yes, I'm the the
15		they're pretty good at sorting out the risk		_	only one.
16	^	factors, I think.	16 17		All right.
17 18	Ų.	Well, they wouldn't be able to tell if a person	18		Yeah.
19		had a personality disorder, would they? That's	19	Q.	, , ,
20	Λ	a that's a very	20	A .	
21	A.	That takes a minute to do that, so it's	21	Q.	inmates a week?
22		but but they can definitely see the more kind of extravagant behaviors, the provocative	22	A .	
23		behaviors that alert them to concerns.	23	Q.	
24		I don't mean to be hedging, or trying to	24		period of November 9th to November 16th, other than Mr. Lynas?
25	\cap	Well, but you mentioned a number of things, you	25	Λ	I do not believe so.
	Q.	, but you mornioned a number of things, you		A.	. We not believe 30.

			1		
		38			40
1	Q.	Did you know that Mr. Lynas had his nose cut	1	A.	No.
2		off?	2	Q.	So you had of the two suicides that happened
3		I was not aware of that.	3		in 2017, you hadn't seen either person in
4	Q.	Did you have any discussions with anyone	4		clinic?
5		regarding James Lynas, after he committed	5	A.	Correct. The first one I wasn't informed about
6		suicide, even during the time period between	6		in any way. And it sounds like
7		when he did the act of hanging himself, until he	7		So you hadn't been scheduled to see him?
8		died?	8	A.	I I don't even know if the clinic was
9	A.	I probably did. I probably talked to staff, how	9		informed, or that he had I don't know.
10		what had occurred. Tried to sort out how the	10	Q.	Have you become familiar with the National Jail
11		patient was doing, how they were doing, because	11		Suicide Research?
12		definitely the whole jail would have been on	12	A.	A little bit.
13		lockdown during that.	13	Q.	· · · · · · · · · · · · · · · · · · ·
14	Q.	The correctional officers have to know if a	14	A.	
15		person is on 15-minute mental health watch,	15	Q.	
16	_	don't they?	16	_	of jail suicides?
17		Yes.	17		Certainly.
18	Q.		18	Q.	Have you read about his have you read both
19	A.	.,	19		the the 1990 study, and the study that was
20 21		the sergeants, or other folks, would log into	20 21		just done recently?
22	_	their computer to alert people.	22		In 2006 [sic]? Twenty years later?
23	Q.	What is that supposed to alert the correctional	23	Q.	
24		officers to?	24	_	Yes.
25	A.	That they're on a watch. That form, with a Special Precautions form, would get distributed	25	Q.	
20		Special Precautions form, would get distributed	23		it a ready resource?
		39			41
1		to alert them as well.	1		I'm pretty familiar with the the information.
1 2	Q.	to alert them as well. Okay. Have you had any discussions with	2		I'm pretty familiar with the the information. Uh-huh. Are you aware that he's been a witness
2	Q.	to alert them as well. Okay. Have you had any discussions with anyone who's been deposed in this case, like	2 3	Q.	I'm pretty familiar with the the information. Uh-huh. Are you aware that he's been a witness against MEnD before?
2 3 4		to alert them as well. Okay. Have you had any discussions with anyone who's been deposed in this case, like Dr. Leonard?	2 3 4	Q. A.	I'm pretty familiar with the the information. Uh-huh. Are you aware that he's been a witness against MEnD before? No.
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2 3 4 5 6	A.	to alert them as well. Okay. Have you had any discussions with anyone who's been deposed in this case, like Dr. Leonard? No. I mean, when's the last time you talked to	2 3 4 5 6	Q. A. Q.	I'm pretty familiar with the the information. Uh-huh. Are you aware that he's been a witness against MEnD before? No. Were you aware of the Stearns County suicide that occurred with MEnD personnel?
2 3 4 5 6 7	A. Q.	to alert them as well. Okay. Have you had any discussions with anyone who's been deposed in this case, like Dr. Leonard? No. I mean, when's the last time you talked to Dr. Leonard?	2 3 4 5 6 7	Q. A. Q. A.	I'm pretty familiar with the the information. Uh-huh. Are you aware that he's been a witness against MEnD before? No. Were you aware of the Stearns County suicide that occurred with MEnD personnel? I had heard about that.
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		42			44
1	Q.	Okay. (Sotto voce speaking.)	1		therapist; right?
2		I'd like to go over some things with you.	2		Correct.
3		This is from your curriculum vitae. So you got	3	Q.	And that was after you received your master of
4		a bachelor of arts in English in from Hamline	4		science in community counseling in the spring of
5		in 1986; right?	5		1990 from Winona State?
6		Correct.	6	A.	Yes. I might have worked there prior to, and
7		Then you had what did you do after that?	7		then became a therapist after, but yeah.
8	A.	Hmm, I was in the Rochester, Minnesota area,	8	Q.	You had and you had more than one gig at
9		working with probably PACE, which is an Olmsted	9		various times; right? You also worked at the
10		County program for juveniles. Working with	10		Sheriffs Youth Programs of Minnesota,
11		juveniles as an alternative to jailing them.	11		Inver Grove Heights; correct?
12		And then I ended up doing a number of other	12	A.	Right. Well, that was the overseeing
13		residential juvenile work; children who were	13		organization of all the programs in Austin,
14		placed in residential juvenile facilities,	14		Isanti Boys' Ranch, St. Cloud, so
15		foster care, a number of other things like that.	15	Q.	And then you decided to go on your own? LMI
16		Eventually running a bunch of small shelters and	16		Professional Services; is that right?
17	_	residential programs for juveniles.	17		Correct. Well, I did that on the side.
18	Q.	And what about was there anything about your	18		Okay.
19		English degree that was helpful in that?	19	A.	That was intended to give me some sort of way to
20	A.	At the time, I went to school part-time, while I	20	_	get through graduate school.
21		was doing those those jobs full-time, and was	21	Q.	Okay. Then you got a doctoral degree of
22		getting a master's degree in counseling. I	22	_	clinical psychology; right
23		think what happened during that was, I was	23		Correct.
24		writing some things for Olmsted County, for	24	Q.	in October of 2003 from Argosy University.
25		their alternative to jailing juveniles, some	25		Is that is that in business anymore?
		12			
		43			45
1		brochures, because of my writing skills. And	1	A.	45 Right. They they've kind of gone through a
1 2		brochures, because of my writing skills. And eventually was doing work with the juveniles at	2	A.	Right. They they've kind of gone through a whole thing where they fell apart because they
		brochures, because of my writing skills. And eventually was doing work with the juveniles at the same time, and kind of fell in love with the	2 3	A.	Right. They they've kind of gone through a whole thing where they fell apart because they didn't have some sort of insured funding
2 3 4		brochures, because of my writing skills. And eventually was doing work with the juveniles at the same time, and kind of fell in love with the work.	2 3 4		Right. They they've kind of gone through a whole thing where they fell apart because they didn't have some sort of insured funding situation. It was just remarkable, right.
2 3 4 5		brochures, because of my writing skills. And eventually was doing work with the juveniles at the same time, and kind of fell in love with the work. The work with the juveniles?	2 3 4 5	Q.	Right. They they've kind of gone through a whole thing where they fell apart because they didn't have some sort of insured funding situation. It was just remarkable, right. Is that a for-profit?
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		0/20/	2013	,	
		46			48
1	A.	With the exception of possibly that consult, and	1	Q.	Yes?
2		writing and scheduling him for a follow-up.	2	A.	Yes. Sorry.
3	Q.	Well, the follow-up would be the care and	3		I didn't mean to
4		treatment; right?	4	A.	Sorry. Sorry.
5	A.	And I don't know how you're defining that, so I	5	Q.	I was understanding your affirmative nod
6		just included that.	6	A.	
7	Q.	Okay. But you didn't do anything affirmative to	7	Q.	but I wanted to turn it into English.
8		care or treat?	8	A.	l apologize.
9	A.	There was no face-to-face contact or anything.	9	Q.	Do you administer the Beck Depression Inventory
10	Q.	You didn't make any orders, or give any	10		to patients?
11		directives about James Lynas, other than that	11	A.	At times.
12		note that said you'll see him a week after he	12	Q.	, , , , , , , , , , , , , , , , , , ,
13		died?	13	A.	It's not a routine instrument I use. Outside
14	A.	I don't think that's what I said in that note	14	Q.	Which ones do you use for depression, for
15	Q.	No.	15		example?
16	A.	but I scheduled him after I was after I	16	A.	There's a lot of different PHQ-9. The
17		consulted with the nurse.	17		Hamilton. There's a lot of those screening
18	Q.	And you don't even actually remember any nurse	18		tools are really designed to kind of further
19		consult regarding him, in particular?	19		them along the path to be assessed or screened
20	A.	No. Oftentimes it's all verbal, and a form	20		and detailed. They're just kind of screening
21		would be submitted like the one you showed me.	21		tools and and and by the time I'm seeing
22		I would schedule, and it wouldn't the name	22		them, they usually have already gone through
23		wasn't the relevant factor; it was more the	23		that, or oftentimes they have.
24		information.	24		Uh-huh. Well, I thought you were testing was
25	Q.	Now, you ceased work you began working for	25		part of the things that you liked to do?
		47			49
1		MEnD on May twenty in May of 2016; correct?	1	Α.	Well, yeah, I don't know if I would consider
2	A.	Yes.	2		that the type of testing that I would
3	Q.	And you stopped working for MEnD in February of	3		typically
4		2019; correct?	4	Q.	What type of testing do you typically
5	A.	Yes.	5		involve.
6	Q.	What were the circumstances of your stopping	6	Q.	
7		work? Did you resign?	7	A.	
8	A.	Yes.	8		and I would like, maybe, an MMPI kind of
9	Q.	Were you ever disciplined by MEnD?	9		testing, or other personality testing that are
10	A.		10		more interesting to me.
11	Q.	Have you ever been disciplined by any board or	11	Q.	Which personality testing? The California
12		oversight committee of any type?	12		Personality Inventory?
13	A.	No.	13	A.	No, I don't use that. Maybe the PAI, the
14	Q.		14		NEO PI, those those tools are interesting to
15	A.	I think it's a population I love, and I like the	15		me.
16		model that they have, but I think, um, I just	16	Q.	Do you administer tests, just as a matter of
17		wanted to do broader things, and more work that	17		curiosity, for law enforcement pre-employment?
18		was related to some of my skill set with testing	18	A.	No.
19		and other things. A lot of this had been done.	19	Q.	Okay. Have you ever done any of that kind of
20		The daily dose of the numbers of people that	20		work?
21		you're seeing, and sometimes it's better to have	21	A.	No.
22		diversity, just for work, so	22	Q.	And in your CV you list your license. The fact
23	Q.	And by "testing," you're talking about	23		that you're a licensed psychologist with (as
24		psychometric testing?	24		read), "Competency working with children,
25	A.	Uh-huh.	25		maltreatment, adolescents, families, sex
Ī			1		

		50			52
1		offenders, sex offender assessments, chemical	1	\cap	if you want. Do you agree with that?
2		dependency, testing, residential treatment	2	Δ.	I think he was on a mental health watch. If she
3		program [sic], clinical supervision, and	3	Λ.	used the word "suicide," whether that was a
4		clinical behavior"; correct?	4		label she put out there in the context after
5	٨	Correct.	5		the
6			6	0	
7		How often did you work with Allison Pfeifer?	7		(Pointing to document.)
8		Alyssa? Um	8	A.	Right.
		Alyssa Pfeifer, excuse me. Allison.			after knowing what has happened, I don't
9		Pretty frequently.	9	_	know.
10		Okay.	10	Q.	3
11	A.	I don't know if that's they run this rotating	11	A.	
12		schedule, so probably two to three days a week,	12		statement, isn't it?
13		sometimes more.	13		Yes.
14	Q.	She left MEnD shortly after the suicide of	14	Q.	And Dr. Hayes or I mean the jail suicide
15		Mr. Lynas; correct?	15		studies, all both of them, the first one and
16	A.	Yeah, I think she had gone she'd been trying	16		the second one, both indicate that a statement
17		to get into a neonatal place for nursing or	17		by an individual inmate, that he will not commit
18		something. I don't know.	18		suicide, or will tell you if he intends to, is
19	Q.	Do you know where she went? North Memorial?	19		not to be believed; correct?
20		Does that ring a bell?	20	A.	I don't know if he says it like that, but you
21	Α.	I'm not yeah.	21		can't accept everything that an inmate says, or
22	Q.	•	22		any individual says about whether they're
23	۷.	stressful conditions?	23		suicidal or not. There's all sorts of factors
24	Δ	Yeah, frequently. I mean, a lot of the	24		you have to consider.
25	Λ.	conditions were stressful, yes.	25	\cap	But that's one of the things that is in those
		Conditions were stressial, yes.	-	Q.	but that's one of the things that is in those
		51			53
1	0	51			53
1		How did she do?	1		national jail suicide studies?
2		How did she do? I thought she did well. She she would get	2	A.	national jail suicide studies? Something to that effect, but I don't think he
2 3		How did she do? I thought she did well. She she would get more detailed and more take longer notes, and	2 3		national jail suicide studies? Something to that effect, but I don't think he worded it like that.
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14 (Pages 50 to 53)

		54			56
1	0	. Uh-huh.	1		ever fill out a Suicide Risk Screening Form?
2		. So so I guess I know that now.	2		Yes.
3		. Okay. A physician's assistant would not be a	3	Q.	Did you ever make any attempt to correlate the
4		qualified mental health provider, either;	4		Suicide Risk Screening Form with what was in the
5		correct?	5		notes, the eMD notes?
6	Α	. Not necessarily. Sometimes they can have	6	A.	In some cases I would look at that and try to
7		specialty and qualifications in those areas,	7		understand that better. If there was some
8		just like advanced practice nurses.	8		discrepancy, sometimes that was already
9		. If they're psychiatric nurses?	9		explained to me, but I think sometimes what they
10		. Correct.	10		end up measuring is this state versus trait kind
11		. Is that	11		of thing, more of a fluctuating dynamic.
12	Α	. I don't know if they have to be labeled that,	12		Yeah. Have you been involved in training the
13		but yes.	13		RNs employed at MEnD to do the Suicide Risk
14	Q	. Well, there's some kinds of public health nurses	14		Screening Form?
15	_	that are	15		No, I haven't been involved in training them to
16		. That have that specialty, yes.	16 17		do those forms. And certainly offer input about
17	Q	. You're aware there's a Minnesota law and rule	18		not any formal training, but on a pretty
18 19		regarding who is and who is not a qualified	19		regular basis about if there's any concerns, we
20		mental health professional?	20		take precautions.
21		. Sure. Yes.	21		What are the dates of the suicide risk screening
22	Q	. Does MEnD have a policy, if there's a BDI score	22		forms that were done for Mr. Lynas?
23		over 40, that the nurse is required to call a provider, whether or not she knows what that	23		Well, the one you're showing me here is 11/1/7 [sic], it looks like.
24		means?	24		'17?
25	Δ	. Right. So that's part of that, kind of,	25		
	^	. Right. 30 that 3 part of that, kind of,		Λ.	on, more 3 a whole ballett of them here.
		ລວ			5/
1		55	1	0	57
1		threshold. And maybe it's 36, maybe it's 40,	1 2		Yeah.
2		threshold. And maybe it's 36, maybe it's 40, but yes, it's stop, get a consult. It's one of	2		Yeah. Oh. So one is on 11/1/17. One is on I can't
2	0	threshold. And maybe it's 36, maybe it's 40, but yes, it's stop, get a consult. It's one of many hurdles.	2 3	A.	Yeah. Oh. So one is on 11/1/17. One is on I can't sort that date.
2 3 4	Q.	threshold. And maybe it's 36, maybe it's 40, but yes, it's stop, get a consult. It's one of many hurdles. Did you know that mental health providers at	2 3 4	A.	Yeah. Oh. So one is on 11/1/17. One is on I can't sort that date. The date looks was written over by someone;
2 3 4 5	Q.	threshold. And maybe it's 36, maybe it's 40, but yes, it's stop, get a consult. It's one of many hurdles. Did you know that mental health providers at MEnD were on call for different facilities at a	2 3 4 5	A. Q.	Yeah. Oh. So one is on 11/1/17. One is on I can't sort that date. The date looks was written over by someone; right?
2 3 4 5 6		threshold. And maybe it's 36, maybe it's 40, but yes, it's stop, get a consult. It's one of many hurdles. Did you know that mental health providers at MEnD were on call for different facilities at a distance from where they worked or lived?	2 3 4 5 6	A. Q.	Yeah. Oh. So one is on 11/1/17. One is on I can't sort that date. The date looks was written over by someone; right? Yeah. 11/17. And then there's an 11/5/17.
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		58			60
1	A.	Yes, it can be.	1		like they're maybe psychotic symptoms, that they
2		How about change in appetite and hygiene?	2		really aren't, and I try to clarify my
3		Yes, it can be.	3		understanding of where that symptom is coming
4	Q.	How about insomnia?	4		from so they can treat it.
5	A.	Yes, it can be.	5	Q.	So you're trying to give the best possible input
6	Q.	Not sleeping is a is a chronic insomnia is	6		on on what you view the clinical symptoms, to
7		a problem in mental health treatment, isn't it?	7		the medical provider, to make the best
8		Yes.	8		pharmacological decision?
9	Q.	A person who's giving away his guns, so he won't	9		Correct.
10	_	shoot himself, would be a risk factor; correct?	10	Q.	All right. And you didn't get to do that for
11		Yes, it can be.	11	_	James Lynas; correct?
12	Q.	Were you aware of what James Lynas was saying in	12	A.	No. It looks like he was withdrawing, and they
13		his phone conversations that were taped by the	13 14	_	were maybe had him on hydroxyzine.
14 15		Sherburne County Jail?	15	Q.	Do you know how effective hydroxyzine is for
16		No, I was not. Do you know what the purpose of listening to a	16		withdrawal?
17	Q.	person's phone conversations and not doing	17	A.	I think it can temper a lot of anxiety and stress, but I don't know at what point it was
18		anything with the information, why that would be	18		administered. I don't know how to answer the
19		done?	19		question of how effective
20	Δ	No, I don't know what their decision-making	20	Ο	Well, I realize you're not a medical doctor
21	Λ.	might be and what was said.	21		Yeah.
22	Ο	Well, what people at risk for suicide say to	22		but do you understand that hydroxyzine is an
23	۷.	their loved ones is important, isn't it?	23	Q.	antihistamine, like Benadryl is an
24	A.	Oftentimes.	24		antihistamine?
25		Sudden mood changes are a risk factor as well,	25	A.	I understand.
		3			
		59			61
4				_	
1 2		aren't they?	1 2		That, to be true?
3		I don't know about that.	3	A.	And it often gets used as an anti-anxiety
4	Q.	Okay. Previous suicide attempts would be a risk factor for suicide?	4	\circ	short-term Do
5	Λ	Yes.	5		med.
6		A drug drug addiction and withdrawal	6		you know what the therapeutic dose is for an
7		Yes.	7	Q.	adult evidencing severe anxiety?
8		would be	8	Δ.	Of that medicine?
9	A.	Both suffer.	9		Yeah.
10	Q.	Both?	10	A.	No, I'm not certain.
11	A.	Uh-huh.	11	Q.	Okay. You're from Rochester?
12	Q.	Feelings of hopelessness would be a risk factor?	12	A.	, , , , , , , , , , , , , , , , , , ,
13	A.	• .	13		You've heard of this outfit they have down there
14	Q.	And you don't prescribe any drugs? That's not	14		called the "Mayo Clinic"?
15		within your purview; correct?	15	A.	Yeah. They're pretty big, yeah.
16	A.	Correct.	16	Q.	And you consider them expert in medical
17	Q.	, ,	17		decision-making?
18		medical providers that involve discussions about	18		MS. NEARING: Objection. Overly broad.
19		what level and what what therapeutic level	19		THE WITNESS: They're well-known and
20		and what drug to put people on for various	20		famous for their care.
21	_	conditions?	21		MR. BENNETT: Okay.
22		I will make referrals to the medical providers.	22	_	MR. BENNETT:
23		Uh-huh.	23	Q.	, , ,
24 25	A.	And try to clarify the symptoms, and try to	24 25		asks that you that refers you a patient
25		clarify what type of sometimes symptoms look			what the expectations are of you, when you would

		62			64
1		see that patient?	1		to let the jail medical staff and mental health
2	Δ	Depending upon the situation. I mean,	2		providers know if there's a change in housing?
3	Λ.	oftentimes they'll refer to us to evaluate when	3	٨	They would typically do that.
4		they should be seen. They'll do the referral to	4		, , , , , , , , , , , , , , , , , , ,
5		clarify more, but and I don't know if this is	5	Q. A.	
6		the context, but when I'm thinking about your	6	Q.	
7		question, I'm thinking of the medical provider	7	Q.	· · · · · · · · · · · · · · · · · · ·
8			8		15-minute mental health watch is in general
9		in this case who is off site, hearing	9	Λ	population, or special housing, or booking? Yes, those are helpful things to know.
10		information, and referring back to this guy on	10		
11		the to put him on the watch and have him	11	Q.	Because the ability to do the watches is better
12		evaluated. And then on site we would look at	12	Λ.	some places than others; right?
13		the information and try to determine, you know,	13	A.	I don't know if the if the watches are, in my
14	_	what's best at that moment.	14		mind, what are the factors. It's the ability to
15	Q.	So you have you ever talked to referring			be interacting with other patients, or other
16		doctors about their expectations of when, if	15 16		people, and have other people in a cell with
17		they make a mental health referral to you, when	17		them, or interacting with people, I think
18		they expected the the patient to be seen?	18		that's the way I think of it, versus more
19	A.	I have talked to doctors about that, medical	19		isolated. I don't know if the watches change
		providers, but I don't know if I can say that		_	that much, but
20	_	that occurred in this case.	20 21	Q.	Well, the purpose of the watch is to make sure
21		You didn't talk to Crystal Waagmeester			the person's well-being is
22	A.		22	A.	
23	Q.		23	Q.	
24 25	A .	3	24 25		Yeah. Checked on and monitored, yeah.
23	Q.	Do you know if she expected that he would be	25	Q.	And you have to do it in a situation well,
		63			65
1		63	1		lot me ack you this
1 2		seen much sooner than 11 days, for when she made	1 2	Λ	let me ask you this.
2	Λ	seen much sooner than 11 days, for when she made the referral?	2		let me ask you this. Okay.
2	A.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic]	2 3		let me ask you this. Okay. Would you want to know if a person who is having
2 3 4		seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected?	2 3 4		let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors
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2 3 4 5 6	Q.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected? Yeah. I'm not certain that I did or not. I think that	2 3 4 5 6		let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors for potential for suicide, are are moved to a situation where they're not allowed out of their
2 3 4 5 6 7	Q.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected? Yeah. I'm not certain that I did or not. I think that Alyssa had met with him, I think was the and	2 3 4 5 6 7	Q.	let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors for potential for suicide, are are moved to a situation where they're not allowed out of their cell except for an hour a day?
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Q. A.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected? Yeah. I'm not certain that I did or not. I think that Alyssa had met with him, I think was the and clarified that he was filling out a packet. And usually at that time there's a pretty routine process of explaining to them, you know, what that consists of, that I'd be following up, or another mental health professional. Okay. When you ask that something be done urgently to a patient, what is your expectation? Within one or two days? It depends. I mean, if I'm asking somebody to see them urgently, I might break that down	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Q. A. Q.	let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors for potential for suicide, are are moved to a situation where they're not allowed out of their cell except for an hour a day? Yeah, and I think I probably would have known that. When they first come in, they go through a unit that's like that, and if they got transferred to another unit that's only out an hour a day, that would be valuable information to know, yeah. Well, that would that could increase a person who is having mental health issues It can, yeah. It would increase their it would increase
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	Q. A.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected? Yeah. I'm not certain that I did or not. I think that Alyssa had met with him, I think was the and clarified that he was filling out a packet. And usually at that time there's a pretty routine process of explaining to them, you know, what that consists of, that I'd be following up, or another mental health professional. Okay. When you ask that something be done urgently to a patient, what is your expectation? Within one or two days? It depends. I mean, if I'm asking somebody to see them urgently, I might break that down into my terminology for "urgent" might be immediate that day, less than 24 hours. Someone else's might be one one to three days. It depends on what other scaffolding is in place to to assure the person is doing okay.	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	Q. A. Q. A. Q. A. Q. A.	let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors for potential for suicide, are are moved to a situation where they're not allowed out of their cell except for an hour a day? Yeah, and I think I probably would have known that. When they first come in, they go through a unit that's like that, and if they got transferred to another unit that's only out an hour a day, that would be valuable information to know, yeah. Well, that would that could increase a person who is having mental health issues It can, yeah. It would increase their it would increase anxiety? Distress, frustration. Hopelessness? Sure. Yeah. All of that. Because when you go from gen pop to, say,
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	Q. A.	seen much sooner than 11 days, for when she made the referral? I'm sorry. Did you say, do I know what he [sic] expected? Yeah. I'm not certain that I did or not. I think that Alyssa had met with him, I think was the and clarified that he was filling out a packet. And usually at that time there's a pretty routine process of explaining to them, you know, what that consists of, that I'd be following up, or another mental health professional. Okay. When you ask that something be done urgently to a patient, what is your expectation? Within one or two days? It depends. I mean, if I'm asking somebody to see them urgently, I might break that down into my terminology for "urgent" might be immediate that day, less than 24 hours. Someone else's might be one one to three days. It depends on what other scaffolding is in place to to assure the person is doing okay.	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	Q. A. Q. A. Q. A. Q. A.	let me ask you this. Okay. Would you want to know if a person who is having mental health issues and evidencing risk factors for potential for suicide, are are moved to a situation where they're not allowed out of their cell except for an hour a day? Yeah, and I think I probably would have known that. When they first come in, they go through a unit that's like that, and if they got transferred to another unit that's only out an hour a day, that would be valuable information to know, yeah. Well, that would that could increase a person who is having mental health issues It can, yeah. It would increase their it would increase anxiety? Distress, frustration. Hopelessness? Sure. Yeah. All of that. Because when you go from gen pop to, say, special housing, your freedom even within the institution is much more severely limited?

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1	Q. Is there a connection between starting someone	1 know, that was the act was fait accompli by
2	on on medication, like Crystal Waagmeester	2 then?
3	did with James Lynas, and the urgency of the	3 A. Yeah, I don't know if I know that information or
4	mental health referral?	4 those details, except for that that he was
5	A. I guess there's there's a connection. Um, I	5 being checked on every 15 minutes.
6	don't know if it it's just I don't know	6 Q. By people who were supposed to know if his
7	how to speak to that. I don't know if it	7 well-being is intact or not?
8	changes um, yeah, I don't know how to answer	8 A. By the officers, or just the routine on the
9	that exactly.	9 mental health watch. And I think the nurse
10	Q. Well, let me ask you this. Jennie Thompson will	techs were giving him meds or delivering meds,
11	testify, and I can show you this, that she	and often they share information with nurse
12	filled out the screening form in Exhibit 20, the	techs and they alert people that there's other
13	one she filled out on the 3rd.	things going on. Am I answering?
14	A. Okay.	14 Q. Uh-huh. I understood it.
15	Q. Now, I can't explain why it looks like that, but	15 A. Okay. I just sorry, I got confused. 16 O. How were you informed that Mr. I years had build
16 17	that's what she says, on page 36 of her	2. How were you informed that will Eyrids had harig
18	deposition, and I can show you that.	Till Sell.
19	But wouldn't it be important to know if you	7. Tanink aloro nas a mast have been a cous
20	start a person on a drug for anti to combat	culted at that time, when the har ses had to go.
21	anxiety, how that drug is working for the	20 And I think the whole jail would have been shut down. I think I would have heard from staff,
22	person? A. Yeah, that's valuable. Yeah.	· ·
23	Q. And wouldn't you want to know if there's been	probably through part of that relaying equipment to that area.
24	a mental health referral, wouldn't you want the	to trut urea.
25	suicide risk screening forms done more often	24 Q. Did you have any reaction or think any thoughts 25 when you were advised that this person you had
	Suicide fisk screening forms done more often	when you were auvised that this person you had
	67	69
1	after the referral than before?	scheduled for to be seen on the 16th, had
2	A. Not necessarily.	2 committed suicide?
3	Q. Well, he didn't have any according to this	3 A. I would have immediately been concerned as to
4	record, after the 5th, when the mental health	4 whether he is on my caseload, whether he was in
5	referral was made, there wasn't any done between	5 my purview, whether he had been referred, those
6	the 5th and the 9th, when he hung himself?	6 kinds of things.
7	 I don't know how to respond to that. 	7 Q. Did you go check on those things right away?
8	 Q. Well, a person's suicide risk can go up 	8 A. I presume that I that I did, but
9	precipitously quickly; correct?	9 Q. Did you have any oh, go ahead, I interrupted
10	A. Yes, it can.	10 you.
11	Q. And the idea is to make sure you know how that's	11 A. I don't recall.
12	happening	Q. Did you have any reaction to the fact that you
13	A. Right.	had scheduled him for the 16th, but he didn't
14	Q or if that's happening?	get that far?
15	A. True. Sure.	15 A. I don't think I actually even knew his name at
16	Q. And if you don't do any, you're not going to	the time, so I might not have even known that
17	know, are you?	that was the name of the individual that was
18	A. No, that's not true.	that hung himself, even though the referral might have been there
19 20	Q. Well, do you know if he was seen by anyone	inight have been there.
21	between the 5th anybody in the medical staff,	2. The foldral will list his harris, defrect, and
22	or anybody in the mental health any mental	This prisoner number.
23	health or medical provider for the Sherburne	22 A. Right. 23 Q. So it would have been
24	County Jail between the 5th and the 9th, when he hung himself, realizing that Nurse Pfeifer	24 A. So if they said an inmate has hung himself
25	responded to the code blue, but he was you	25 Q. Okay.
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1	Δ	if I had had this referral and looked and	1		my box. And there's three little bins on the
2		scheduled him, and not known his name, I might	2		top box, so there might be ten of them; some are
3		have talked to the staff, "Was he on my	3		urgent, some are less urgent. I would typically
4		caseload? Is this one of the guys I'd seen?"	4		go through the urgent ones and get them
5		And if they said, "No," I might or I didn't	5		scheduled immediately, review all of them, to
6		see a note, maybe they did give me a name, I	6		peak at whether there's anything that stands
7		don't know, but	7		out. And typically that day I schedule them
8	Q.	Uh-huh.	8		all. Sometimes I wouldn't get to each of those
9	A.		9		less urgent ones until the next day, and
10		So when the 16th came and Mr. Lynas didn't show	10		schedule them another day, or the next day after
11		up to his to see you, did you notice then?	11		that, typically. So
12	A.	I think I would have noticed at that time. I	12	Q.	Customarily, though, you would have all these in
13		don't know if that was the name was listed,	13		your inbox on that Monday, then?
14		and the referral sheet taken after that point	14	A.	Correct. Yeah.
15		because this had happened, and put in his file,	15		What what was your reasoning for waiting to
16		because he had gone to the hospital, I believe.	16		have Mr. Lynas receive a consult directly with
17		And he'd still be on the list of if that date	17		you until the 16th, as you put here?
18		would come and go, he'd get moved forward	18	A.	Um, so it would have been a scenario where
19		another day. Um	19		nurses and I would have talked, or done a
20	Q.	I don't understand the last part of that answer.	20		consult, I presume, where he was on the unit,
21		Well, so if a date would come and go, when a	21		stabilized, getting the medication, forward
22		person was on a list to be seen; oftentimes	22		thinking. There were probably lots of other
23		maybe the person is transferred, or they're in a	23		data that were verbalized, um, that established
24		hospital, and they can't be seen because they're	24		that he's gone from this early kind of crisis
25		gone from the facility, I would forward him to	25		place and into a more stable spot, and he was on
					·
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1		another date on that list.	1		a 15-minute watch, and it would it would
2	Ο	So do you recall when you made the connection	2		appear there's a lot of pieces in place.
3	۷.	between the fact that you had scheduled this	3	Ο	And I know you don't recall specifically, but
4		person to be seen, and he had hung himself?	4	۷.	you read Alyssa Pfeifer's note today, and
5	Α	The connection that I'm aware of, was only when	5		presuming that everything she wrote in there is
6		I got called for this case.	6		accurate and true, does that help inform what
7	0.	Okay. So that was the first time you were aware	7		your clinical judgment would have been at that
8	_	of the fact that you actually scheduled	8		time?
9		Mr. Lynas to be seen on the 16th and he didn't	9	Α.	I think it if I was involved in that, and
10		make it that far?	10		that's the information we discussed, I'm sure
11	A.	Correct.	11		there's a lot of other more other pieces.
12		MR. BENNETT: I think that's all the	12		That's a horrible sentence, but
13		questions I have.	13		She's very thorough and detailed. And
14		MS. NEARING: I have a couple, just to	14		typically our standard practice is to meet
15		clear up.	15		face to face, consult, go through all the
16		EXAMINATION	16		issues, and if they are if they look like
17	В١	MS. NEARING:	17		they're stabilized, especially when they give
18	Q.		18		him that packet to begin the mental health
19		were asked about your notation and the fact that	19		process, they're getting kind of a sense for how
20		there's not a date on that form. And I can	20		stable they are at that time, whether they
21		represent to you that November 5, 2017 was a	21		the patient wants more urgent referrals, or
22		Sunday. So can you speak to the custom and	22		they're in distress, that's more significant.
1 00		practice of the process of seeing this, then,	23		And oftentimes the information we get, like a
23					
23		when you would come in on a Monday?	24		high BDI, is from days prior, and they're more
	A.	when you would come in on a Monday? Yes. They would typically put the referral in	24 25		high BDI, is from days prior, and they're more stabilized by the time she sees them, than it

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1		looks like there. So I presume that was what	1	^	Correct.
2		was happening in this case.	2		There's no indication that he's seen by any
3	Ο	And you mentioned or you were asked about	3	Q.	mental health provider, because that would be
4	Q.	there not being suicide assessment forms done	4		you; correct?
5		after Alyssa Pfeifer's on the 5th, but you	5	Δ	Correct.
6		mentioned something called the "mental health	6		There's no indication that anyone checked to see
7		packet."	7	Q.	if he was taking the drugs, or whether the drugs
8	Α.	Right.	8		were effective; correct?
9		Is there a correlation? Or what does that mean?	9	Α.	I don't know if that's accurate.
10		Well, they the "mental health packet" is	10		Well, I'm showing you Exhibit 11, which shows
11		essentially a calendar where they describe moods	11		the the prescription and and hydroxyzine,
12		and activities to help get a sense for their	12		and that he took three out of the pack; correct?
13		functioning. And I think and we usually try	13		He may have had one from the stock thing to get
14		to get a couple weeks of that data and them kind	14		him going
15		of participating and sharing that.	15	A.	Okay.
16		In addition, I think now I lost my train	16	Q.	by according to Waagmeester or Thompson,
17		of thought, but	17		but it shows that he got three in the medical
18	Q.	The purpose of the mental health packet is what	18		administration record; correct?
19		I was	19	A.	Hmm, yes.
20	A.	Yeah.	20	Q.	There's no indication that they worked or didn't
21	Q.	asking about.	21		work, is there?
22		MS. NEARING: Okay. And that's all I	22	A.	Well, there might not have been that doesn't
23		have.	23		mean techs weren't talking and communicating
24		MR. HIVELEY: I have no questions.	24		with him, or I don't know
25		FURTHER EXAMINATION	25	Q.	You realize that an institution, like Sherburne
		75			77
1		Y MR. BENNETT:	1		County, has a has a constitutional duty to
2	Q	. There's no notation by you, that this is going	2		provide adequate mental health and medical care;
3		to be handled either typically or customarily,	3	_	correct?
4	_	is there? On any on any document?	4		Yeah.
5	Α	. No. Except for the fact that it's so routinely	5	Q.	And you can't make the inmate responsible for
6	_	in place when you look through history notes.	6		that, can you?
7 8	U	But when you said what do you do, you	7 8		No.
9		normally you said you normally note the date	9	Q.	Okay. So you didn't know that he'd only taken
10		you do something; correct? And that's the custom and practice in medical charting, isn't	10	Λ	three of the pills out of the pack?
11		it?	11	A. Q.	
12	Λ	. Yes. Yeah.	12	Q.	special housing?
13	0		13		MR. HIVELEY: I
14	Q	5th, do you know what what happened to	14		THE WITNESS: I know
15		Mr. Lynas?	15		MR. HIVELEY: Hold on.
16	Α	. I think we've been talking about that.	16		I object to form.
17	0	. Yeah. You see no more suicide forms filled out;	17		THE WITNESS: I know there's something
18		correct?	18		that happened that moved him.
19	Α	. Correct.	19	BY	MR. BENNETT:
20	Q	,	20	Q.	But you didn't know that before the 16th of
21		that, until they respond to the code blue;	21		November, did you?
22		correct?	22	A.	No.
23		. Not that that's correct.	23	Q.	, , ,
24	Q	And there's no indication that he's seen by any	24		mental health after the 5th, is there, other
25		medical provider; correct?	25		than giving him three pills; right?

		78	80
1	A. Well, I think there you mean, specific	to 1	1 Q. Well, it's also an artifice for not having to
2	mental health, or medical, or		2 say whether he refused or not? Or for putting
3	Q. Either.	3	the person's medical care into his own hands?
4	A. Yeah. Because I thought they did response	and He 4	4 MS. NEARING: Objection.
5	was hospitalized, and there was a bunch	J. 1.0	5 THE WITNESS: I don't know how to
6	things that happened.		6 answer.
7	Q. At post hanging?		7 MS. NEARING: Mischaracterizing the
8	A. Well, you're saying up to the 16th, so	I	8 record and testimony.
9	Q. Well, okay. Well, let's let's go back and		9 BY MR. BENNETT:
10	restrict that question	10	
11	A. Sorry.	11	2. The Mayo office desage for addits, for districty,
12	Q to the 9th; how about that?	12	is dudits, oo to roo milligrams roun times a
13	A. I was just trying to	13	day, con cct.
14	Q. Between the 5th and the 9th, what was do		7. That's what it suys there, years.
15	him in any form or fashion by any medical	15	2. That's the Mayo on the you're ognize that
16	personnel or mental health provider?	16	intic logo, don't you.
17	A. Correct. There's no nothing more, ex		7t. Off flatt.
18	the watches that he was on.	18	2. The Mayo Olimbologo: That's on their website.
19	Q. Except for three pills?	19	That he was ordered by METE to take one
20	A. And three pills.	20	tablet, at 50 miligrams, twice a day, right.
21	Q. But we don't there's no notation whether		
22	found them helpful?	22	2. This they made the decision to do it as needed.
23	A. I don't know how to	23	7. Okay.
24	O. Well	24	
25	A speak to that.	25	
		79	81
1	O do you see any notation that he'd found		
1 2	Q do you see any notation that he'd found nills helnful?		1 true?
2	pills helpful?	the 1	 true? A. Yes.
	pills helpful? A. I didn't see any notation	the 1	 true? A. Yes. Okay. So you typically indicate when the date
2	pills helpful? A. I didn't see any notation Q. Or	the 1 2 3	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true?
2 3 4	pills helpful? A. I didn't see any notation Q. Or A to indicate that.	the 1 2 3 4	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm
2 3 4 5	pills helpful? A. I didn't see any notation Q. Or A to indicate that. Q. Or unhelpful?	the 1 2 3 4 5 6	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm scheduling or there's a consult, what I
2 3 4 5 6	pills helpful? A. I didn't see any notation Q. Or A to indicate that. Q. Or unhelpful? A. Right. I think the original question may	the 1 2 3 4 5 6 7 have 7	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm scheduling or there's a consult, what I typically do is schedule based on time frame.
2 3 4 5 6 7	pills helpful? A. I didn't see any notation Q. Or A to indicate that. Q. Or unhelpful? A. Right. I think the original question may thrown me because you asked if there w	the 1 2 3 4 5 6 6 have 7 as 8	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm scheduling or there's a consult, what I typically do is schedule based on time frame. No. But when you get a medical record to
2 3 4 5 6 7 8	pills helpful? A. I didn't see any notation Q. Or A to indicate that. Q. Or unhelpful? A. Right. I think the original question may thrown me because you asked if there w monitoring or any kind of thing, and som	the 1 2 3 4 5 6 6 have 7 as 8 netimes 9	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm scheduling or there's a consult, what I typically do is schedule based on time frame. No. But when you get a medical record to review, and you go over that with the nurse
2 3 4 5 6 7 8 9	pills helpful? A. I didn't see any notation Q. Or A to indicate that. Q. Or unhelpful? A. Right. I think the original question may thrown me because you asked if there w monitoring or any kind of thing, and som I think we do get information from techs	the 1 2 3 4 5 6 6 7 have 2 8 8 netimes 9 about, 10	true? A. Yes. Okay. So you typically indicate when the date you review something; is that true? A. When I see them, when he's referred and I'm scheduling or there's a consult, what I typically do is schedule based on time frame. O. No. But when you get a medical record to review, and you go over that with the nurse because you have a Monday morning meeting, isn'
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		82			84
1	A.	No, I don't know if that's what I'm saying at	1	A.	I think that's probably true. I don't know if I
2		all.	2		had information to that effect at that time
3	Q.	There's no notation anywhere in the record that	3		anyways.
4		you reviewed any	4	Q.	Well, if Pfeifer is so good, she would have told
5		True.	5		you that; right?
6	Q.	<i>J J J J J J J J J J</i>	6		You would think so, but I don't know.
7		True.	7	Q.	And there's no record that you ever looked at
8	Q.	And normally and typically there would be?	8		the Beck Depression Inventory that was actually
9	A.	When I meet with them, yes. In the setting	9		done, to see if it was scored properly?
10		this has typically been a consult, that's	10	A.	No, it's used in my mind as a hurdle. If
11		face to face, that the nurses are charting, and	11		they're identifying a lot of symptoms, it's
12		I'm relying on that to suffice that they did	12		concerning. And then if they've met with them
13	_	consult with me and I'm scheduling.	13		and had some discussions and there's a lot of
14		Okay. Their note, not yours?	14		things in place that appear to ensure they're
15		Correct.	15		stabilized, it's a review of all of those
16	Q.	Okay. Well, wouldn't you chart your decision	16		factors combined, not just a single item that
17		that, you know, "Patient A needs to be seen	17		contributes to the decision.
18 19		today. Patient B needs to be seen tomorrow.	18	Q.	Well, tell me, what was what were the factors
20		Patient Lynas can be seen 11 days from now, and	19		in place to make sure Lynas is stabilized? I
21		for this reason"?	20		fail to see one.
22		lt	21	A.	Well, it looks as though he was cooperatively,
23		Okay. It would be scheduled in a schedule	22		openly speaking with a nurse about his symptoms,
24		Yeah.	23		his feelings, his struggles. About his plans,
25	Q. A.		24		his future plans, and that he was going to go to
25	A.	and the nurses would be aware or that, or	25		treatment, he repeated that a number of times.
		83			85
1		could see that, and oftentimes they would go	1		That he had these options available to go early
2		back and check that schedule and see where the	2		and maybe on a work release, if I'm recalling
3		person is on there.	3		these notes. And then to not harm himself, and
4		But you didn't chart your reasoning for	4		also to report any concerns to staff. And with
5		scheduling on the 16th, rather than on days	5		that in place, oftentimes patients come in and
6		prior to that, did you?	6		they're in more acute distress; and when they
7		Could you repeat that?	7		get sentenced, and have this clear plan of
8		Well, you didn't say you didn't make a note	8		what's happening, and are able to articulate
9		in the medical record that said, "I determined	9		their own plan, they stabilize. And he was
10		that this guy could wait 11 days." You didn't	10		demonstrating a lot of things that suggest that
11		do that?	11		he was stabilized and
12		Correct.	12		Okay.
13	Q.	And you didn't say, "I determined he could wait	13		doing
14		11 days because of factors A, B, C and D"; you	14	Q.	Not coping? That was is that a record of
15		didn't do that, did you?	15		stabilization?
16		Correct.	16	A.	In relative terms, comparative to where he had
17		Okay. You didn't call the medical provider to	17	_	been
18		see how urgently the medical provider wanted him	18		Well, you
19		to be seen?	19		prior.
20 21		Correct.	20 21	Ų.	You went through your list of things that were
21		And at least the medical provider said that she	22	Λ	in that note, but "not coping" is
23		told Pfeifer she wanted him seen urgently.	23		True. is
24		That's what you showed me in her notes. And "urgently" wouldn't mean 11 days later,	24		From recall, after just seeing. Yes, I think
		· · · · · · · · · · · · · · · · · · ·	25	A.	
25		WOIIIO II C	20		"NOT CONING" Was one of the things be described
25		would it?	25		"not coping" was one of the things he described.

	0/2	J/2013	,
	86		88
1	O Lib hub. He referred to himself as crazu: right?	1	that.
2	Q. Uh-huh. He referred to himself as crazy; right?A. Probably	2	A. Yeah. Whether that was whether I reviewed
3	MS. NEARING: That misstates the record.	3	that specific note, or she verbalized that at
4	BY MR. BENNETT:	4	the time, and then I signed the referral, I
5	Q. He reports that his insomnia is maddening, his	5	don't know.
6	mind is going crazy; do you remember that?	6	MR. BENNETT: Do you need this
7	A. I remember that, yes.	7	(referencing curriculum vitae)? I can make
8	Q. Thoughts going through him, with many emotions,		another copy.
9	like frustration, irritation, and then	9	MS. NEARING: (Gesturing.)
10	emotional? That's in that note?	10	THE WITNESS: I'm not trying to I'm
11	A. Correct.	11	just I'm trying to be accurate.
12	Q. And he says, "Honestly," with regard to his	12	MR. BENNETT: Okay.
13	mental how he's coping with his mental	13	I don't have any further questions.
14	health, he states, quote, "Honestly, I'm	14	MS. NEARING: I don't have any.
15	suffering and not coping with it."	15	THE WITNESS: Okay.
16	A. That sounds like what he said.	16	MR. HIVELEY: No questions.
17	Q. Plus he's on opiate withdrawal?	17	MS. NEARING: We'll read and sign.
18	A. I think at that point he might have been at	18	VIDEOGRAPHER: This concludes the video
19	least part partway past that, and he was	19	deposition. It is 1:28 p.m.
20	yes.	20	MR. BENNETT: Thank you.
21	Q. He got in on the 1st. This is now the 5th.	21	THE WITNESS: Thank you.
22	He'd be partway past it?	22	(Concluded at 1:28 p.m.)
23	A. I don't know. I didn't know the date that	23	* * *
24	you're I don't know when they took him off	24	
25	the withdrawal protocol, because typically they		
	and manaratian protocol, because typically and		
	87		89
1	would have him in the booking area if he was	1	STATE OF MINNESOTA)
2	still on that.	2	: SS CERTIFICATE
3	Q. He reports (as read), "definitely feeling	3	COUNTY OF WASHINGTON) I, Janet D. Winberg, hereby certify that
4	depressed, and my anxiety is going through the	4	I reported the video deposition of MICHAEL T. ROBERTSON, PsyD, LP, on the 20th day of June,
5	roof." That's in that same chart note, isn't		2019, in Elk River, Minnesota, and that the
6	it?	5	witness was, by me, first duly sworn to tell the truth;
7	A. Right. So she was probably writing down his	6	
8	words and also talking to him and trying to get	7	That the testimony was transcribed by me and is a true record of the testimony of the witness;
9	clarification	8	That I am not a relative, or employee, or
10	Q. Uh-huh.	9	attorney, or counsel of any of the parties; or a relative or employee of such attorney or
11	A SO	10	counsel;
12	Q. Okay. Well, if she wrote that down on the 5th,	"	That I am not financially interested in the
13	you think typically you'd note that on the 6th?	11	action and have no contract with the parties,
14	A. If if the consult, through the consult, yes,	12	attorneys or persons with an interest in the action that affects or has a substantial
15	if she wrote that and we reviewed it. Um	13	tendency to affect my impartiality;
16	O. Hmm.		That the right to read and sign the transcript
17	A. I don't know how that if it was part of that	14 15	by the witness was reserved. WITNESS MY HAND AND SEAL THIS 25th day of June,
18	referral packet, yes.		2019.
19	Q. And it was, wasn't it?	16 17	NOTCA.
20	A. I think you looked for that other another	18	Long
21	sheet. I think it might have been a verbal	19 20	Samet 9 Windows
22	consult.	21	JANET D. WINBERG Penistered Professional Penerter
23	Q. I think	22	Registered Professional Reporter Notary Public
24	A. I'm trying to	23	Washington County, Minnesota.
2-7			
25	Q. I think your attorney helped helped us with	24	
		24 25	

		90		92
1	STATE OF MINNESOTA)		1 Exhibit 20	
	: SS CERTIFICATE		Suicide risk screening forms	
2	COUNTY OF WASHINGTON) I, MICHAEL T. ROBERTSON, PsyD, LP, certify		Referenced55	
4	that I have read and examined the typewritten		3 Evhibit 22	
5	transcript of the video deposition taken of me		Exhibit 22 4 Flow Sheets - Chemical Withdrawal form, 7/6/17	
6 7	in the matter of Lynas vs. Linda S. Stang, et al., on June 20, 2019, consisting of the		Referenced25	
8	preceding pages, and find the same to be true		5	
9	and correct (Except as follows):		6 Exhibit 23	
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11	3		7 Referenced26	
40			Exhibit 24	
12			 Chemical withdrawal questionnaire, 11/1/17 	
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20			18	
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22			22	
23	Dated thisday of		23	
24	,		24	
25	MICHAEL T. ROBERTSON, PsyD, LP		25	
	MIOTINEE 1. NOBERTOON, 1 330, El			
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